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WHERE POUTINE IS ROUTINE
BIRTHPLACE OF THE SALTY TREAT {page 14}



HASSLING THE 'HOFF TV STAR ON THE HOT SEAT

{page 10}

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Wednesday, August 25, 2010
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City's homeless get \$12.9M boost

► Federal funding will go to groups providing transitional housing, support services



ANDREAS MORSE
@METRONEWS.CA

Local organizations helping Edmonton's poor and homeless got a \$12.9-million boost from the federal government yesterday.

Minister of State Rob Moore announced the Homelessness Partnering Strategy (HPS) funding will go through Homeward Trust Edmonton, which will distribute the money to local organizations.

"This funding represents over \$11.1 million in HPS designated community funding and over \$1.8 million in HPS abo-



► Mayor Stephen Mandel, MP Mike Lake, Homeward Trust executive director Susan McGee, Minister of State Rob Moore, Homeward Trust chair Martin Garber-Conrad, and MP Peter Goldring.

riginal communities funding," Moore said.

"Our government is giving a hand up to Canadians with housing needs and is

helping those seeking to break free of the cycle of homelessness and poverty."

The minister said the money will go towards finding local solutions to local problems. It will provide transitional and supportive housing, as well as support services, to homeless and at-risk individuals in the communities most in need.

Mayor Stephen Mandel said the reduction in homelessness contributes to a 16.5 per cent reduction in crime in the city.

"When you don't have as many homeless people on the street, it allows them (police) to be more diligent," Mandel said. "It also attributes to that we've hired 200 more policemen, more cops on the street makes a big difference."

Festival. View



► A stiltwalker from the Edmonton Stiltwalkers welcomes the public from above during the launch of the 2010 Kaleido Family Arts Festival yesterday. Story, page 3.

KATHY LE/FOR METRO EDMONTON

On top of the world at Kaleido Family Arts Festival

Metro Drive
Readers,
start your
engines

► Jivin' with the Juke ► Mike Goetz on the evolution of car maintenance ► Satisfying the sporty, and more {page 21}

The upside of down-sizing



How to get over being fired, get past the panic, and get your head in the game {page 17}

Real estate ad riles Calgarians

Online posting touts home as being located in 'highly rated white community' {page 5}

Canadians among slain hostages

Passport holders part of tourist group on hijacked bus {page 5}

Injury means Weir in trouble

After tearing a ligament in his elbow, Canadian golfer's year is finished {page 19}

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Group opposes Syncrude oilsands cleanup plan

An environmental legal group is asking Alberta's energy regulator to revoke its approval of an oilsands company's plans to clean up toxic waste ponds.

Syncrude Canada Ltd.'s tailings management plans for two projects in northern Alberta don't meet rules laid out in 2009 by the Energy Resources Conservation Board, lawyer Larry Robinson said yesterday.

Robinson, legal counsel

for the environmental group Ecojustice, said the board's own regulations call for fine soil particles in tailings to be cut in half by 2013. Yet the board approved tailings reduction plans in Syncrude's Mildred Lake and Aurora North operations that fall well short. "The Mildred Lake plan only predicts a reduction of 35 per cent, rather than 50 per cent by 2013," Robinson said. "The Aurora plant ac-

tually only predicts a reduction of 11 per cent by 2013."

While the Alberta government is spending millions to convince people that the province is working to clean up oilsands waste, regulators aren't following through, Robinson said.

"It appears that those rules are not enforced; they're more guidelines than rules, apparently."

THE CANADIAN PRESS

News in brief

Where the buffalo roam

CAMROSE. RCMP say about 30 to 40 head of buffalo are on the loose near Camrose, about 100 kilometres southeast of Edmonton.

The big beasts have already crossed over some highways, but there are no reports of any accidents.

Motorists are being ad-

vised to drive with caution and to call police if they spot loose buffalo making themselves at home on the range.

THE CANADIAN PRESS

Superintendent praises parents

EDUCATION. Edgar Schmidt, superintendent of Edmonton Public Schools, is crediting parents and the community for keeping a kindergarten class in Riverdale School for the upcoming year.

• METRO EDMONTON

1

news



News on the move

1 Download the free ScanLife application with your smartphone at 2dscan.com

2 Use the ScanLife application on your smartphone to scan 2D barcodes in Metro

3 The codes will direct your mobile browser to relevant content at m.metronews.ca

On the web at metronews.ca

Paralyzed student designs program to help disabled kids play music.
Video at metronews.ca/canada

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Something for everyone at Kaleido

► Kaleido Fest highlights rejuvenation of 118 Avenue ► Family-friendly theme ensures all are welcome

KATHY LE
EDMONTON
@METRONEWS.CA

The Kaleido Family Arts Festival launch kicked off yesterday with music, drums, and performances.

This year's theme, Ignite, pays tribute to the arts as being the starting point for the growth 118 Avenue has experienced since the festival's inception five years ago.

"We continue to see the streetscape improvement, which is a real structural improvement," said festival executive producer Christy Morin. "We've seen a lot of wonderful young families moving in ... A lot of little restaurants and diners so it's really reviving."

Greg McInulty and his family moved into the

"I really love that it's got something for all ages so there's things that interest my children and ... me."

GREG MCINULTY

neighbourhood two years ago and have been going to the festival since.

"I really love that it's got something for all ages so there's things that interest my children and there are things that interest me," said McInulty. "And I love that it's living art and that you can become part of it."

Crowds of about 14,000 are expected and although construction is still active on the avenue, the city will ensure the entire site will be safe for the public. For more information go to www.kaleidofest.ca.



► Kelsey Starko, from left, Kelse Ewashko, Ashley Wells, and Olesia Markevych of the Volya dance group at the launch of the 2010 Kaleido Family Arts Festival yesterday.

Michael Anthony Jewellers'
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OILERS BROADCASTS

Michaels to replace Phillips

The Oilers announced yesterday who will be filling the rather large shoes left by outgoing radio play-by-play announcer and Hockey Hall of Famer Rod Phillips.

Jack Michaels, a veteran of more than 800 hockey broadcasts, joins

the Oilers after eight seasons as the radio and television voice of the ECHL's Alaska Aces.

Michaels will partner with host and colour commentator Bob Stauffer in delivering all Oilers games via the Oilers Radio Network and flagship station 630 CHED.

With the Aces, Michaels was honoured as the ECHL Broadcaster of the Year in 2004 and was selected by the ECHL to broadcast their annual All Star Game on five separate occasions.

• METRO EDMONTON

ME labels boy's death suspicious

Edmonton's medical examiner has determined that a teenager's death last week was suspicious.

Zachariah Thompson, 18, died in hospital Friday. An autopsy yesterday confirmed the cause of death was the result of a gunshot wound. Police have interviewed several people.

• METRO EDMONTON

Calls for overpass after crash

A fatal collision near a busy highway intersection east of Edmonton is sparking calls for construction of an overpass to prevent similar tragedies.

A 19-year-old woman was killed when a pickup truck she was in collided with a semi at the corner of highways 16 and 897 Sunday. THE CANADIAN PRESS

Taking the fear out of that first bus ride

- Program focuses on bus safety
- Several school boards take part

KATHY LE
EDMONTON@METRONEWS.CA

"As a parent it gives me security knowing they're in good hands."

TERRY GODWALDT

the end of the program.

Terry Godwaldt came with his children and was all for the program.

"I think they've created something that the kids can come away with a good deal of safety, knowledge and security," said Godwaldt.

"As a parent it gives me security knowing they're in good hands and today really made that evident to me."

Edmonton Public Schools, Edmonton Catholic Schools and Conseil scolaire Centre-Nord are also partners in this program.



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Rohit
COMMUNITIES

3 Canadians among dead in bus standoff

► Reports indicate 5 Canadian passport holders were part of group of Hong Kong tourists in Philippines

Three Canadian citizens, including a father who gave his life in an effort to protect his family, were among eight Hong Kong tourists killed Monday in a deadly hostage standoff in the Philippines that left grieving, angry family members demanding answers from authorities.

Media reports indicated there were at least five people holding Canadian passports on board the bus in the capital of Manila when it was seized by a gun-wielding former police officer, who triggered a protracted and controversial police response when he opened fire.

The three slain Canadians were identified as Ken Leung, 58, and his daughters Jessie, 14, and Doris, 21, all three of them dual citizens who lived in Hong Kong.

Leung's wife was unhurt in the melee.

THE CANADIAN PRESS



► Hong Kong citizens protest yesterday outside the local Philippine Consulate.

REAL ESTATE

House ad raises Calgarians' anger

 KRISTA SYLVESTER
@METRONEWS.CA

Calgarians are shocked after a home listing on a Calgary website stated the owners will sell to a "white buyer" only, in a "highly rated white community."

Calgarians took to the local rants-and-raves sections of craigslist.com to voice their outrage at the house posting that appeared on CalgaryFinder.com.

The listing also promised a private backyard that won't have "colored (sic) people peeking" in.

Area Ald. Joe Connnelly said he is infuriated with the listing, even if it's a joke, and that he will be looking into it further.

Real estate row

► Asking price The house was listed for sale in the southwest community of Sienna Hills for \$512,800 on Aug. 23.

► Neighbours disagree Area homeowners Metro talked to disagree with the listing's contents.

"That is absolutely unacceptable and it's not the way Calgarians think and it's not the way Canadians think," Connnelly said.

"Ward 6 is a very diverse community."

Metro contacted the only available link to the house sellers but received no response.

Nancy Steiner, spokeswoman for CalgaryFinder.com, said the listing was "legitimate."

"The ad was listed and paid for," she said.

"It's our policy not to censor our ads; however, if any ad is deemed unlawful, it is removed promptly."

No wine for cows: Regulator

Beer-fed cattle in Japan are supposed to be more succulent, so a B.C. rancher believes wine-fed cattle should be boeuf on the hoof.

But the Canadian Food Inspection Agency has put a cork in the idea, ruling wine is fine, but not for bovine.

"If people can drink it, why can't cattle drink it," said Southern Plus Feedlot operator Bill Freding.

He said the agency has told him wine is not on the list of approved ingredients for cattle feed.

"I was quite surprised it wasn't just a natural ingredient," said Freding, who's the president of the B.C. Association of Cattle Feeders.

"You get officious individuals there who like to have a power trip," he said of CFIA staff.

The decision has likely crushed Freding's wine-feeding plans.

THE CANADIAN PRESS

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Chinese jet crashes near landing strip

► Cause unknown ► News agency says aviation officials discussed problems with ERJ-190s jets earlier

A Chinese passenger jet crashed while trying to land on a fog-shrouded runway in the country's northeast and burst into flames, killing 42 people and injuring 54 others, state media said.

The Henan Airlines plane with 91 passengers and five crew crashed late yesterday in a grassy area near the Lindu airport on the outskirts of Yichun, the official Xinhua News Agency said. Five of those onboard were children, the Civil Aviation Administration of China said, but their fates were immediately not known.

The crash and subsequent fire were so severe

that little of the fuselage remained, though the charred tail was still largely intact.

China Central Television said eight of the victims were found 20 to 30 metres from the plane's wreckage in a muddy field.

The Brazilian-made Embraer E-190 jet had taken off from Heilongjiang's capital of Harbin shortly before 9 p.m. and crashed a little more than an hour later while arriving at Yichun, Xinhua said. Yichun is a city of about one million people located 160 kilometres from the Russian border.

THE ASSOCIATED PRESS



Drivers not included

A pair of fender-benders, two technology-loving hitchhikers and 22 hours blocked at the Russian border. That's the balance sheet one month into the three-month journey for a team of driverless vehicles on a 13,000-kilometre road trip from Europe to China.

Trapped miners get another bit of hope

Singing the Chilean national anthem in a full-throated chorus, 33 miners trapped deep underground thanked their rescuers and settled in for a long wait until a tunnel wide enough to pull them out can be carved through a half-mile of solid rock.

Raising hopes further, a second bore hole was punched into the chamber where the miners are entombed, and a third probe was nearing the spot yesterday.

"They had two little spoonfuls of tuna, a sip of milk and a biscuit every 48 hours."

DR. SERGIO AGUILAR

After parcelling out tiny bits of food and drinking water carved from the mine floor with a backhoe for 18 days, the miners were getting glucose and rehydration tablets to restore their digestive systems.

THE ASSOCIATED PRESS

5 days

Some drivers have been stuck in the jam for five days, China Central Television reported yesterday.

A massive traffic jam in north China that stretches for dozens of kilometres and hit its 10-day mark yesterday stems from road construction in Beijing that won't be finished until the middle of next month, an official said.

Bumper-to-bumper gridlock spanning 100 kilometres, with vehicles moving little more than a kilometre a day at one point, has improved since this past weekend, an official said.

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News in brief**3-D TV with no glasses?**

TECHNOLOGY. Japanese electronics maker Toshiba Corp. said yesterday it is developing technology for a 3-D television that won't require special glasses. **THE ASSOCIATED PRESS**

Market moment

DOLLAR	Natural gas 1,000 cu. ft.	OIL	TSX
- 0.72¢ (94.31¢ US)	\$4.055 (- 1.1¢) Gold contracts \$1,231.80 (+ \$4.90)	-\$1.47 US (\$71.63 US)	- 161.28 (11,557.35)

ADRIAN WILLETT/SYGMA/GETTY IMAGES

GM, dealers agree

► \$1.5M lawsuit settled ► Suit with 200 other dealers still ongoing

NATHAN DENETTE/THE CANADIAN PRESS

Several General Motors dealerships slated for closure will remain open after reaching a settlement with the automaker following nine months of legal wrangling.

GM Canada spokesman Tony LaRocca confirmed yesterday that a deal has been reached with 21 dealerships that sued the company last year after they were told they'd be closed as part of GM's restructuring efforts. Of those, about a dozen will remain open.

The terms of the agreement are confidential.

"The case has been re-

solved to the mutual satisfaction of the plaintiffs and GM. I'm sure both parties are pleased the litigation is concluded," said Jonathan Lissus, a lawyer who represented the dealerships.

LaRocca said the settlement will allow GM Canada to turn its attention back to improving its sales performance.

GM announced last year that it would eliminate more than one-third of its Canadian dealerships by October 2010 in an attempt to cut costs and streamline its business.



► Before the closures, GM had more than 700 dealerships in Canada. This one is in Toronto.

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IGGY'S SUMMER ROAD TRIP LACKS POP

Just sayin'

PAUL SULLIVAN



Whatever happened to Michael Ignatieff? Michael Who?

You know, Michael Ignatieff, the Liberal leader? That guy who always comes in second to Stephen Harper in the polls?

Well, he stopped beating his head against the polls and joined thousands of Canadians on that great summer migration — the classic road trip. While Harper is busy ripping up the long-form census, Ignatieff is pressing flesh and downing vats of coffee with real people from Mon Petit Choux Café in Nanaimo, B.C., to Rita's Tea Room in Big Pond, N.S.

So far, he has logged 33,399 kilometres on the Liberal Express bus and the tour isn't over yet.

The Express zips through an ice cream stop in Magog and Captain Burger in Richmond, Que., before finishing up at Big Pond this Sunday. By the looks of his schedule, he's been to every Tim Hortons in the country, and if nothing else, should be eligible for a free box of Timbits.

It's grassroots, door-to-door campaigning. Only the scope is different. Instead of one constituency, Ignatieff has decided to visit them all. It's supposed to help him shed his aloof academic image, so Canadian voters no longer get him mixed up with John Ralston Saul,

our other intellectual.

I'm not sure if it's working, but at least it's keeping him busy, which means he's not trying to form a coalition with the separatists (bad idea — maybe the worst ever). He even turned up in my neighbourhood the other day, the North Shore of Vancouver, where he managed to connect his own family saga (his grandfather was the Russian Czar's last minister of education. Come the revolution, the family fled to Canada) to that unpopular boatload of Tamil refugees causing so much fuss on

the West Coast.

"We must always be a haven in a heartless world," he declared (twice for emphasis) and that received a slightly tentative round of applause.

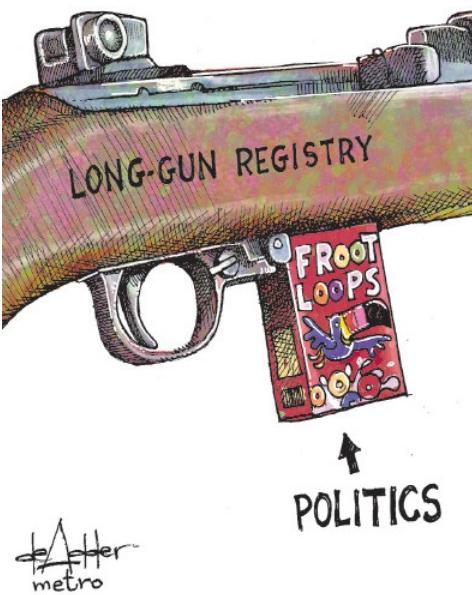
No bad line, but we can expect good lines from Ignatieff, whose byline is a fixture in the finest periodicals from Harpers to The New Yorker. What we're also getting, and perhaps didn't expect, is Ignatieff's determination to demonstrate he's ready to do the work and convince Canadians he's really one of us, one voter at a time.

What's missing is the message. Can't have everything. We may be closer to answering "Who is Michael Ignatieff?" but after nearly 34,000 kilometres, we're still a long way from "What is Michael Ignatieff?" never mind "Why?"

Cartoon

MICHAEL DE ADDER

Nothing in life is fair



Letters & Tweets

DARTMOUTH. I read with interest the letter from Ian Dummigan regarding the Green party (Aug. 23). It is very interesting that he says Elizabeth May seems to have a distorted view of democracy since her party has never won a single seat in Parliament.

Democracy is changing. I personally have not voted for the Green party, but I can surely understand why the Greens would be upset. In the last election they received 6.78 per cent of the popular vote but didn't win any seats, while the Bloc, which ran in only one province, won 49 seats with only 10 per cent of the national vote

and, therefore, have a disproportional influence on the government of this country.

No wonder there are so many Canadians wondering where the fairness is in our electoral system.

CARL ELLIS

Re: (Tamil) migrants not jumping the queue:
Spokesman.
S. PETERSEN

VANCOUVER. Once these people touched land, they were here to stay. They aren't leaving — we need to get over it.

We need to focus on the next time, take a stand and set a precedent. We need to show the world that you can't just bypass our laws because they are inconvenient.

Coffee or tea? Why?

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Metro Minute at Fort Edmonton

The summer days are going by fast so why not turn back time and spend the day at Fort Edmonton Park? Strings Through The Summer continues until Aug. 31 every Tuesday evening.

Enjoy the sights and sounds of string instruments as local musicians perform at the park bandstand. Take in a dinner at

Johnson's Café in the Hotel Selkirk prior to the show.

Or celebrate the hard work of bountiful crops from the field to table by participating in a historical horticultural bench show.

Fort Edmonton Park's 37th annual Harvest Fair is Sunday from 10 a.m. to 6 p.m. Regular admissions apply.

• METRO EDMONTON



► Strings Through The Summer runs until Aug. 31 every Tuesday night at Fort Edmonton Park.

ANDREAS MORSE/METRO EDMONTON



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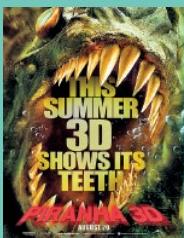
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Piranha sequel coming

Prehistoric killer fish will get another chance to sink their teeth into audiences in an upcoming sequel to *Piranha 3D*. Dimension Films, which released the over-the-top thriller this past weekend, announced that part two is in the works.

THE ASSOCIATED PRESS



At 93, prolific actor Ernest Borgnine is finding his fanbase just keeps getting younger and younger.



Comedy Central roasts The 'Hoff

► It's been a while since the infamous video of David Hasselhoff chowing down on a floor-cheeseburger ► He's now finally willing to face the music



NED
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He's been the butt of a lot of jokes, but this time David Hasselhoff is getting in on the action. The former Knight Rider and Baywatch star put him in the hot seat for an old-fashioned roast by the good folks at Comedy Central, and Metro was there for every obscenity-filled

cheeseburger reference. But the Hoff wasn't fazed.

"Honest to God, I wasn't acting at all. I couldn't stop laughing. My face hurts," Hasselhoff told Metro backstage after the taping. "After every one of the guys would come off, they'd say, 'You know I love you.' And it was really, really cool."

Hasselhoff went into the event with an open mind and a healthy

"If you can't laugh about yourself and you hold things in and you take life seriously, that's when you have problems."

DAVID HASSELHOFF

by roast-master Seth MacFarlane, who opened with the question, "How do you make jokes about a joke? How do you put someone down when they are already lying shirtless on the floor?" The roast roster included Hulk Hogan, Jerry Springer and Pamela Anderson, among others.

The roast of David Hasselhoff airs this Saturday night on the Comedy network.

Deutschland

► Another popular target was Hasselhoff's continued popularity in Germany, something he's less apt to poke fun at. "I don't care what people say, I really don't. I go over to Germany, and I've never had more fun in my life than being a rock star and singing. I sang on the Berlin Wall to a million people, and the song was called 'Looking for Freedom,' and I'll never, ever forget it."

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Klaxons not undone by England's rumour mill

- British band releases follow up to Mercury Prize-winning album
- Despite concerns of producer, band not going the way of Limp Bizkit



► The songs on Klaxons' new album, *Surfing The Void*, have an immediacy guitarist Simon Taylor-Davis said.

CAM LINDSAY
SCENE@METRONEWS.CA

With success comes anticipation, and with anticipation comes all sorts of crazy, cooked up rumours. England's Klaxons can tell

"It's just one of those really horrible, confusing stories that got completely blown out of proportion."

SIMON TAYLOR-DAVIS ON THE LABEL FIRST REJECTING KLAXONS' SECOND ALBUM

you a bunch of them. For instance, that their second album was rejected by the label for being "too experimental." Or that their producer Ross Robinson had turned them into a nu-metal band. Or, best of all, that they had entered the studio to record with hip-hop legend Dr. Dre.

"We seem prone to attracting rumours in England anyway," explains guitarist Simon Taylor-Davis. "I was never in a studio with Dr. Dre. That could have been a disaster, to be honest!"

Surfing The Void, Klax-

ons' follow-up to 2007's Mercury Prize-winning album, *Myths Of The Near Future*, is far from a disaster, to be honest. Yes, it was recorded with Ross Robinson, the "Godfather of nu-metal" and man behind albums by Korn, Limp Bizkit and Slipknot, but Taylor-Davis says they instantly clicked with the producer.

"For us, it was about his character and personality," he says. "We've always been about getting on with people, first and foremost, on a humane level, without worrying about whatever cool bands that person has pro-

duced before."

What some viewed as a gamble paid off for Klaxons. *Surfing The Void* is a metal-free, frenetic rush that marries strokes of mind-melting psychedelia and leftfield yet accessible pop choruses. The concept may be far out there, but Taylor-Davis says the immediacy of the songs represents both the band's and the audience's interests.

"There's always been a need to work very fast with us," he explains. "It's for the short attention spans of our generation."

Nu-rave

- Back in 2006, Klaxons jokingly coined their music "nu-rave." The name stuck and launched a backlash-heavy movement that

brought back fluorescent fashion and glow sticks. Taylor-Davis says he doesn't regret it though. "I have nothing but purely positive memories and things to say about that time."

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Talking points

Carey denying prego rumours

I'M NOT PREGNANT. NOW WHERE ARE THE PICKLES AND ICE CREAM? After avoiding cameras and public appearances for months, Mariah Carey is fighting off renewed pregnancy rumors, according to AHN.

The singer was photographed in Brazil looking fuller-figured and wearing loose-fitting clothing before hitting the stage for a concert.

She furthered pregnancy speculation after the show by posting on Twitter, "Tonite was tuff for me 4 personal reasons, but u got me thru (sic)!"

METRO



Not pregnant.
Just hippy

Celebrity tweets



Nick Cannon
[@Nick-Cannon]

How do I stop people from hacking into my twitter?! I'm tired of changing my password everyday!



Russell Crowe
[@russell-crowe]

9.16, bed time in the bush, i'll wake when it's still dark so i can have a cup of irish tea and watch the world and the wallabies stretch.



Sandra Bernhard
[@Sandra-Bernhard]

it's a full on new york morning construction on the corner, the union busting it across the street, complete with pile driver and whistles



Lily Allen
[@lilyrose-allen]

@PerezHilton mr hilton, you must come to one of my dinner parties next time you're in london and ill be sure to serve you up a big helping.

METRO

Lohan gets an early rehab exit?

- Lohan camp reportedly got a doctor to sign off on early release
- Probation hearing call and she is rumoured to be going on Celebrity Apprentice

Radar Online reports Lindsay Lohan signed her discharge papers and that it was possible she could be released from rehab as early as last night.

Before this development, Lohan's lawyer was headed to a probation modification hearing today to argue that Lohan should be released from rehab early, according to Radar Online. Lohan's camp reportedly has testimony from doctors at the UCLA Medical Center stating that she does not need more than 30 days of rehab, let alone the court-ordered 90 days.

"It is hard to find a doctor to recommend somebody get out of treatment early, nearly impossible actually," a source from

another rehab facility tells the Web site. "Kudos to the Lohan camp for making it happen."

Lindsay would be slated to continue going to outpatient treatment for drug addiction at the UCLA treatment centre several times per week. Lohan is also said to be seeking permission to come to New York in early September, where mom Dina has said her daughter will be able to live a more healthy life than in Los Angeles.

It is also rumoured that she is seeking to be a contestant on Celebrity Apprentice, which is shot in and around the New York area. Donald Trump has said in the past he would like to have Lindsay on the show.

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► Lindsay Lohan

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Lautner howling mad over RV

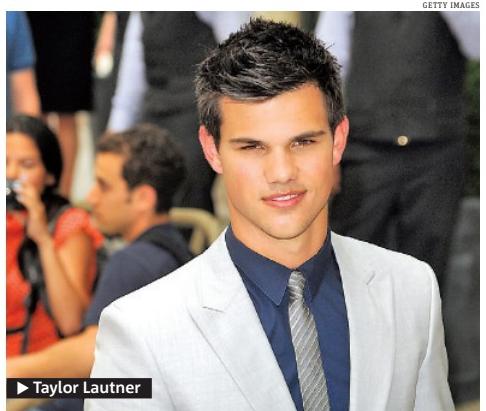
Taylor Lautner is suing a motor home dealership for "emotional distress" and "annoyance" after the dealership failed to deliver a \$300,000 RV, according to Popcrunch.

The 18-year-old Twilight star — and the highest-paid teen actor in the industry — was hoping to have the customized vehicle in time for filming of his new thriller, Abduction, being shot in Louisiana.

He is suing for breach of contract and fraud.

Lautner is seeking unspecified damages.

METRO



► Taylor Lautner

Douglas won't delay his legal fight

Despite his battle with throat cancer, Michael Douglas has expressed no interest in delaying his legal dispute with ex-wife Diandra Douglas, according to Page Six.

Diandra, who is seeking a share of royalties for the upcoming Wall Street: Money Never Sleeps, of-

fered to postpone the case for his sake while Michael proceeds to get treatment for disease. But Douglas seems intent on getting it done.

"Michael declined," a source says.

"He wants to get this over with as soon as possible."

METRO



► Michael Douglas

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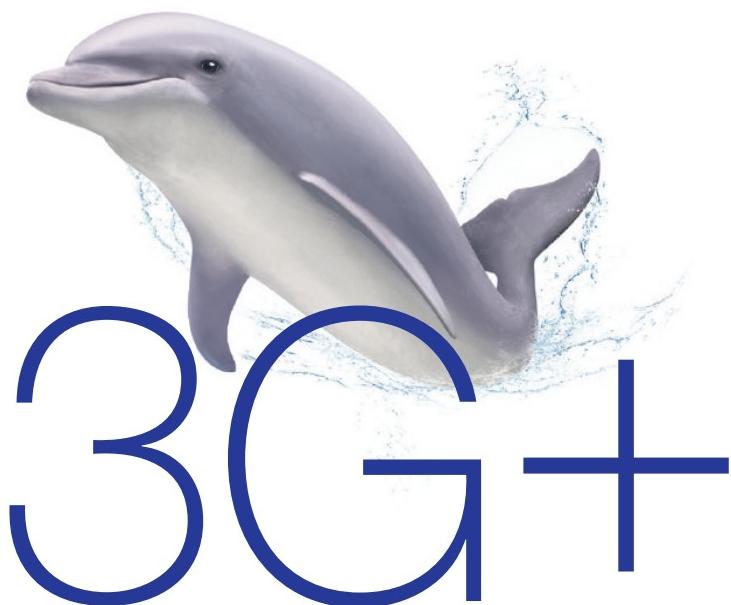
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3

life

Behind the Seams**Designs: Past and present**

Fashions created by some of Quebec's leading designers, past and present, have been put on display at the Montreal Eaton Centre in an exhibition that borrows several garments from the collection of the Museum of Costume and Textile of Quebec. Behind the Seams includes the creations of some 20 designers, including "legendary outfits" from the 1960s by Michel Robichaud and Raoul-Jean Fournier as well as contemporary items such as a dress by Marie Saint Pierre and a Joseph Helmer jacket, organizers say.

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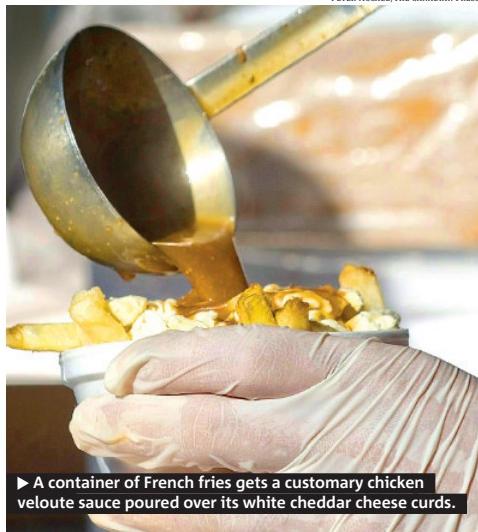


Museum of Civilization to unveil mural depicting images of Quebec.

► Thousands expected to attend annual Le Festival de la Poutine event, dedicated to Quebec culinary staple poutine ► The two-day event takes place on Labour Day weekend in Drummondville, a city of 67,000 located about an hour outside of Montreal



► Vanessa Roy tops off a container of French Fries with a liberal amount of cheese curds before a topping is chosen at the Le Festival de la Poutine in Drummondville, Que.



► A container of French fries gets a customary chicken veloute sauce poured over its white cheddar cheese curds.

PETER McCABE/THE CANADIAN PRESS

Drummondville: Poutine's Quebec birthplace

If you've ever been to La Belle Province, chances are you've dug into a messy heap of fries, cheese curds and sauce — the Quebec culinary delight called poutine.

But no one makes it quite like they do in Drummondville, Que., considered the birthplace of the concoction about four decades ago and home to Quebec's only Festival de la Poutine.

The dish has changed considerably in recent

"(This) is the ground zero of poutine, if you want to eat it the way it was originally made, that's the place to go"

BOB RUTLEDGE, A PROFESSOR OF ASTROPHYSICS AT MCGILL UNIVERSITY

years with everyone adding their own twist, but if you've ever wanted to dig into authentic poutine and catch some great live Quebec bands, the two-day event taking place on Labour Day weekend is the place to be.

"That (region) is the ground zero of poutine, if

you want to eat it the way it was originally made, that's the place to go," says Bob Rutledge, a professor of astrophysics at McGill University and California native who fell in love with the Quebec dish upon moving here.

Rutledge, who runs the website montrealpou-

tine.com, says one reason to go to Drummondville is for the one-of-a-kind poutine sauce originating from the region.

"The sauces that appear to have been invented in that area are not what you find in say Montreal or Quebec City," said Rutledge.

Restaurants in the Drummondville region traditionally add a tomato puree to their sauce that makes it sweeter and gives it a distinctive taste over

If You Go

Festival de la Poutine is held Sept. 3 and 4 at Woodyatt Park, 19 rue du Pont, in Drummondville, Que., about an hour outside Montreal.

► Doors open at 5 p.m. on Friday and 3 p.m. on Saturday, until 11 p.m. both nights. The poutine is dished out all night.

► Tickets are \$20 for one day or \$25 to attend both days. Children 12 and under are free.

► On the web: festivaldelapoutine.com

THE CANADIAN PRESS

the Montreal variation made with a dark-brown, often chicken-based gravy.

That sauce — an aurora sauce — isn't used anywhere else and often catches people from outside the region by surprise.

"It brightens it and it causes it to be somewhat sweeter and it's a very particular taste and a very particular flavour," Rutledge says.

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Viva Vallarta Mexico's scenic resort town

Where the spectacular peaks of the Sierra Madre meet the azure blue waters of Banderas Bay lies Puerto Vallarta. From the welcoming beaches to the family-friendly adventures to the vibrant nightlife, this place was made for non-stop enjoyment.

On Mexico's Pacific coast, where the jungle-filled slopes of the Sierra Madre Mountains meet the glistening waters of the Banderas Bay, lies the scenic resort town of Puerto Vallarta.

Just a few hours away aboard an Aeromexico Airlines flight, Puerto Vallarta's welcoming beaches, wide array of family-friendly activities, and vibrant nightlife make it the perfect vacation spot both for adventure seekers and those who just want to lay back and bask in the sun.

Where I'd stroll

Tourists and locals alike can be found walking the boardwalks and cobblestone streets of Puerto Vallarta's bustling downtown, called El Centro. The area features boutiques and craft shops to browse, artwork to admire, and plenty to eat, from delicious street food to more upscale fare.

In the evening many of the restaurants turn into nightclubs.

What I'd eat

Tacos and quesadillas make for great Mexican snack food, but authentic Mexican cuisine goes well beyond burrito borders. Foodies can visit local favorites such as Trio (trio-pv.com) and El Arrayan (elarrayan.com.mx) to sample some of the best dishes Puerto Vallarta has to offer, including lobster and shrimp-filled paella.

Where I'd do my best Captain Jack Sparrow impersonation

The Marigalante Pirate Ship (piratesofthebay.pv.com) offers a full day of swashbuckling fun. Activities on board include a kid-pleasing pirate show, tons of contests and photo ops, breakfast, lunch, and an open bar to keep the adults entertained. A beach excursion

includes kayaking, snorkeling, and banana boat rides, all supervised by the talented and attentive pirate staff. The trip costs \$85 US for adults; kids under 12 go free during the morning excursion.

How I'd get around, part 1

Via speedboat. The beach hideaway of Las Caletas is so remote that it's only accessible by boat. Luckily, Vallarta Adventures (vallartatreks.com) provides thrilling, Miami Vice-style transportation to take you there breezing through the water at 40 miles per hour. Once ashore, you can hang out with wildlife including parrots and monkeys, take a yoga class or a nature walk, swim with sea lions, or simply swing from a hammock and sip a cocktail.

How I'd get around, part 2
Via ATV. To take in the most panoramic views in

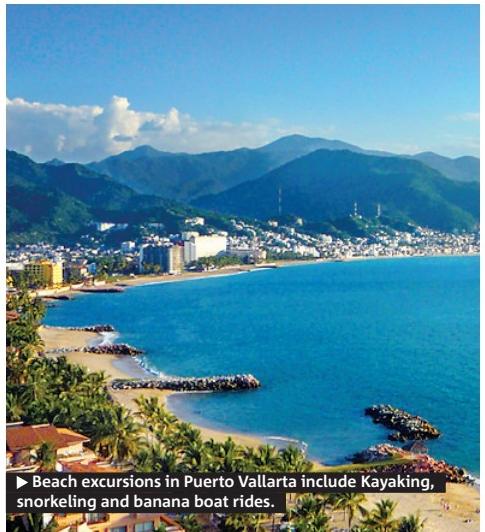
the Sierra Madres, there's only one way to go. The staff at Green Zebra Adventures (gogreenzebra.com) will teach you to ride a Tomcar, an easy-to-drive vehicle that's made for off-roading, effortlessly handling steep hills and rugged jungle terrain. Be warned: the scenery as you progress through the mountains is beautiful, but your clothes won't be.

How I'd Unwind

After all that activity, relaxation is key — this is a vacation, after all! Catch some rays poolside at the Westin Hotel, tamarind margarita in hand. After a day lounging in the sun, dine by candlelight at the hotel's beachside restaurant, then retire to the plush and pristine white bed that comes standard in every Westin room.

For more information: visit puertovallarta.com.

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► Beach excursions in Puerto Vallarta include Kayaking, snorkeling and banana boat rides.

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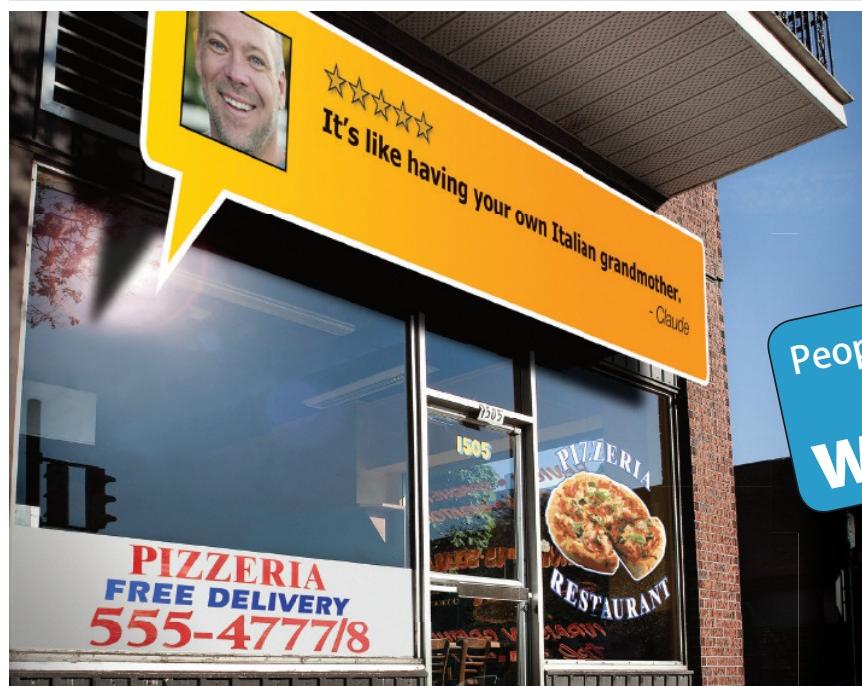
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More Time Moms® Family Meals



Easy meal plans to help you keep your children healthy

As the school doors open for another year, there is no lack of advice for parents on preparing box lunches for their children

Joanne Lalonde Hayes experienced the challenge of filling her kid's lunch box every day and in 1993, she founded a publishing company to help parents juggle the demands of busy careers and the many activities in their children's lives.

The company, More Time Moms — based in her hometown of Aylmer, Que. — has just released a new publication with added tools to "organize, reduce and simplify the work involved in feeding your children."

The cookbook is More Time Moms Family Meals: Easy Meal Plans to Help You Keep Your Children Healthy.

Lalonde Hayes has designed the book as "a sim-

ple guide, a tool to help take the work out of and put the fun into family mealtime."

While this may seem like a pipe dream for busy working parents, especially women who often bear the brunt of performing endless household tasks, she feels she has succeeded in her goal of offering some simple solutions.

The book provides six weeks of healthy menus, 126 recipes and complete weekly grocery lists.

She has added ideas and recipes for snacks to help children control their blood sugar. This can allow them to eat five to six small meals a day, which is recommended by health professionals.

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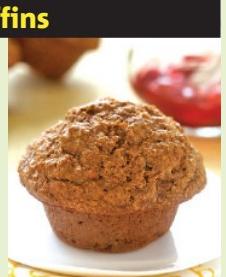
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Carrot Bran Muffins

Ingredients :

- 375 ml (1 1/2 cups) whole-wheat flour
- 375 ml (1 1/2 cups) natural bran
- 75 ml (1/3 cup) brown sugar
- 50 ml (1/4 cup) ground flaxseed
- 10 ml (2 tsp) baking soda
- 7 ml (1 1/2 tsp) ground cinnamon
- 2 ml (1/2 tsp) salt
- 1 ml (1/4 tsp) ground nutmeg
- 250 ml (1 cup) finely grated carrot
- 2 eggs
- 375 ml (1 1/2 cups) 2 percent milk
- 50 ml (1/4 cup) unsweetened apple sauce
- 50 ml (1/4 cup) canola oil
- 30 ml (2 tbsp) lemon juice



flour, bran, brown sugar, flaxseed, baking soda, cinnamon, salt, cloves and nutmeg.

3 Toss grated carrot into this dry mixture.

4 In a separate bowl, beat eggs thoroughly. Add milk, apple sauce, oil and lemon juice to beaten eggs. Beat until thoroughly combined.

5 Combine mixtures until just mixed.

6 Spoon batter into prepared muffin pan, dividing evenly. Bake for 20 minutes. Let cool slightly in pan before lifting muffins to a cooling rack.

THE ASSOCIATED PRESS

Gluten-free cookies

Preparation:

- 1 In a large bowl, combine almond flour, salt and baking soda. In a medium bowl, combine grapeseed oil, agave and vanilla.
- 2 Stir wet ingredients into almond flour mixture until thoroughly combined. Fold in chocolate chips and almonds.
- 3 Spoon dough 15 ml (1 tbsp) at a time onto a parchment paper-lined baking sheet, pressing

down with a fork to flatten.

- 4 Bake for 7 to 10 minutes, until lightly golden. Let cookies cool on baking sheet for 20 minutes. Store in an airtight container.

THE ASSOCIATED PRESS



Ingredients :

- 625 ml (2 1/2 cups) almond flour
- 2 ml (1/2 tsp) salt
- 2 ml (1/2 tsp) baking soda
- 125 ml (1/2 cup) grapeseed oil

- 125 ml (1/2 cup) agave nectar
- 15 ml (1 tbsp) vanilla
- 125 ml (1/2 cup) dark chocolate chips
- 125 ml (1/2 cup) sliced almonds

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Fired? Let it go then move on

► Few milestones are as grim as unemployment ► Let your emotions run free on day one ► After one month, you should be in full job-seeker mode



DREW HINSHAW
LIFE@METRONEWS.CA

So you've been fired? Let it go.

For many of the newly fired, waking up on "morning one" can come with a paralyzing sense of free fall — the sudden and shuddersome realization that you may not be obligated to match socks or shave for many months.

A few milestones, career counselors say, can make the vast, grim void of unemployment more fathomable. Start with day one.

DAY 1: The first day

"Walk while you're scared," suggests Thank You For Firing Me author Kitty Martini, vocal proponent of post-layoff exercise. "Take a bike ride." Women for Hire CEO Tory Johnson agrees. "While the immediate instinct might be, 'I've got to get my résumé in order' day one is much more about letting your emotions run freely," she says. "That might mean pulling out your voodoo doll and pretending it's the person who fired you."

DAY 7: The first week

"By the week mark, it's really about getting your finances in order," Johnson says. "Maybe you downgrade your cable service, or eliminate one of your phone lines. That's what you do early on." HBO or not, she warns, count on reduced finances for the foreseeable future. "People say, 'I'll just bartend, or I'll just dog walk,' none of those things are easy to land."

DAY 31: The first month

"By the one-month mark, you have to be in serious job-seeker mode," Johnson stresses — ré-

sumé readied, dreams determined. Unless your vision is not yet clear. "Right at the point when you really reconnect back with what your passion is" that's when you should start looking," Martini says. "If you really want to do a routine, spend a little time each day just visualizing where you want to be," she says. "That's kind of like job hunting, but bringing the job to you, using physics."

She explains: "Something in the universe will shift when you start thinking about what you want."



► For many of the newly fired, waking up on "morning one" can come with a paralyzing sense of free fall.

Choose your references carefully to get that extra push

Younger job seekers can be forgiven, perhaps, for thinking references are an antiquated formality. In fact, even career counselors aren't sure they matter like they used to.

"The world has com-

pletely changed, and you can no longer control what an employer thinks about you by getting three people lined up as references," says Louise Fletcher, president of Blue Sky Résumés. "I can look you up on My-

Space and Twitter and see what you wrote on a forum, so I don't need to rely so much on calling three people."

Career consultant Cynthia Shapiro agrees, yet still believes in the relevance of

references. "Every time a hiring manager recommends someone for employment, their job is on the line," she says.

That means the powers-that-hire are after testimony that will justify their

decision to bring you on, should you turn out to be a disastrous hire. And because many large corporations — for fear of lawsuits — will only tell callers your name, title and dates of employment, hiring man-

agers often struggle to gather positive offline feedback on professionalism.

So finding that trio of colleagues willing to put in the good word can nudge you across the finish line.

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Cultivating a good roommate relationship

► Tension can often help to create a healthy bond ► Situations get better — not worse — over time

College and university freshmen are often tempted to request roommate changes within weeks of unpacking. But a host of research data suggests that staying the course — barring abusive situations — is likely to have a positive effect on students for years to come.

In a roommate setting, tension could actually produce better results for students. For instance, most studies show that racial differences among room-

mates lead to more conflict. However, an important Ohio State University and Virginia Commonwealth University study showed that mixed-race roommate situations resulted in better grades for African-Americans.

Moreover, a recent University of Michigan study found that most roommate situations get better, not worse, over a 10-week period. That same study presented evidence that a willingness to reveal

Expert Advice

What the experts say:

► "I encourage students not to let Facebook be the source of first impressions since there's usually more to a student than what is posted on their online profile. Make time to talk on the phone and learn about each other." — Wendy Piper, director of residential life, Ohio Wesleyan University.

► "I recommended to the students that one way to reduce defensiveness — and make the conversation

more productive — is to bring up the issue in a positive, oriented way. Instead of saying, 'Your behavior is bothering me, and you need to change,' say, 'I'm having a problem, and I would really appreciate your help in solving it.'" — Robert Donley, peer mediation coordinator, Central Pennsylvania College.

► "We strongly believe that it is best for you to negotiate through the actual problem on your own." — Kathy Collins, associate director for residence education, Texas A&M University.



► Most roommate situations get better, not worse, over time, according to a recent study.



tween extremely different per-

with a lot of fear. When we are able to share that with another person, it's bound to create intimacy."

And that can begin — at least in small doses — online, before you meet, says Natalie Caine, founder of Empty Nest

Support Services, a Los Angeles-based consultant. "Let each other know you are excited and nervous so it shows some vulnerability," she explains. "Use humour, like saying you will bring ear plugs to share for snoring or late-night studies." ■ METRO

Back to school guide for the mature student

Be proud

► Be proud of yourself and consider helping a child in a developing country to get their education as well. You can visit www.cfc.ca to see how you can provide opportunities to children in need.

News in brief

N.B. shutters university's degree program

PRIVATE SCHOOL. The New Brunswick government announced it has revoked Lansbridge University's degree-granting designation following a review of a number of assessments conducted and evidence collected by independent inspectors en-

gaged by the province. The department will hire a registrar and an inspector to help oversee the wind-down of programs offered by the Fredericton-based private online institution. ■ METRO

Manitoba school locks out staff

LABOUR. University of Manitoba security personnel were locked out after the university and the staff's union were unable

to reach an agreement in last-minute negotiations through a conciliator. One of the union's biggest concerns was uManitoba's request to drop staffing levels, allowing security staff to patrol alone instead of in pairs. The union fears the move could put guards, students, and "all persons on university grounds in jeopardy." ■ METRO

U of T ranks high for Webometrics

INTERNET. The University of Toronto is the highest-ranking Canadian university in Cybermetrics Lab's biannual Webometrics Ranking of World Universities, which measures universities' performance and impact through their Web presence. Toronto placed 31st overall. The other Canadian institutions to make the top 100 are UBC (38), University of Montréal (60), SFU (66), University of Alberta (68), McGill (81) UQAM and the University of Waterloo (tied at 97). ■ METRO

through student services. Look for someone who is also a mature student and in a higher year than you. He or she can share first-year experiences, time management and study tips, and the scoop on professors to avoid.

4. Befriend your classmates.

Having friends to confide in will make your classes more enjoyable. If you don't connect with anyone in your class, join interest groups and associations on campus. Being passionate about an activity binds people together. Your decision to further your education is a brave one. ■ NEWS CANADA

3. Find a student mentor. Apply for a mentor

Weir done for the year

► Injured elbow brings an end to one of Canadian golfer's worst seasons
 ► 40-year-old hopes to avoid surgery, let ligament heal on its own



► Mike Weir hits a tee shot during the first round of the PGA Championship earlier this month.

Mike Weir won't have the chance to try to salvage one of the worst seasons of his PGA Tour career.

The left-hander from Bright's Grove, Ont., has a partially torn ligament in his right elbow and likely won't hit another competitive golf shot until 2011.

Weir has been playing with pain for nearly two months, regularly icing his arm and seeking treatment from PGA Tour physiotherapists while struggling through the most important stretch of the season. The 40-year-old thought he was suffering from tendinitis, but decided to seek further medical attention at last week's Wyndham Championship after an eye-opening conversation with a fellow pro who recognized the symptoms.

"I talked to Scott McCarron last week and he really kind of convinced me to go get an MRI," Weir told The Canadian Press yesterday. "He told me he had done the same thing — he played with (pain) while getting therapy on (his forearm) and he kept tearing (the ligament) worse and worse. By the time he went and got an MRI, it was completely torn off and he had to have surgery and take a year off."

Fortunately, Weir's prognosis is better than that. He plans to rest the elbow and seek alternative treatments, hoping the ligament will heal on its own so he can avoid surgery and a long layoff. Even though the season is nearing its end, the news still hit hard. Weir failed to qualify for the FedExCup playoffs, which begin this week, but had been hoping to enter some of the fall series events that follow.

THE CANADIAN PRESS

In the rough

The 2010 season has been one of the toughest of Mike Weir's career.

- After finishing sixth at the Bob Hope Classic in January, he failed to crack the top 10 in his remaining 18 tournaments.
- He missed eight cuts along the way and only broke 70 in two rounds after May.
- Weir had played the past three weeks before missing the cut at the PGA Championship and Wyndham Championship.

**NHL in Europe?
 'Good luck,' says IIHF president**

International Ice Hockey Federation president Rene Fasel took a detour from his otherwise diplomatic path midway through a question-and-answer session yesterday, offering a stern rebuttal when the moderator asked about the possibility of the NHL trying to establish a division in Europe.

"Try to come," Fasel said flatly. "Good luck."

It was the most defiant declaration on a day filled with European concerns at the world hockey summit, with North American hockey institutions raised as both important allies and potential dangers to the global game.

The NHL and the CHL, its junior counterpart, were accused of over-fishing in foreign talent pools.

Delegates assembled around more than 45 tables on the covered arena floor at the Air Canada Centre, and the audience included notable spectators such as Toronto Maple Leafs general manager Brian Burke and Ottawa Senators captain Daniel Alfredsson.

"This is our territory and I will fight like hell to not allow anybody to come from abroad," Fasel said. "I think in Europe we are strong enough to do something on our own, and then have the competition between Europe and North America. That makes the fans happy."

The longtime international executive then invoked the most sacred sporting moment in Canadian history, pointing to the excitement raised when Canada faced the Soviet Union in 1972 as a reason to avoid homogenizing the sport.

THE CANADIAN PRESS

4 sports

Up and down

Ian Kinsler

An MRI exam showed significant improvement in the Rangers star's strained left groin, which has kept him out of the lineup nearly a month.



Javier Vazquez

The Yankees are moving the pitcher to the bullpen and will let rookie Ivan Nova start in his place this weekend.

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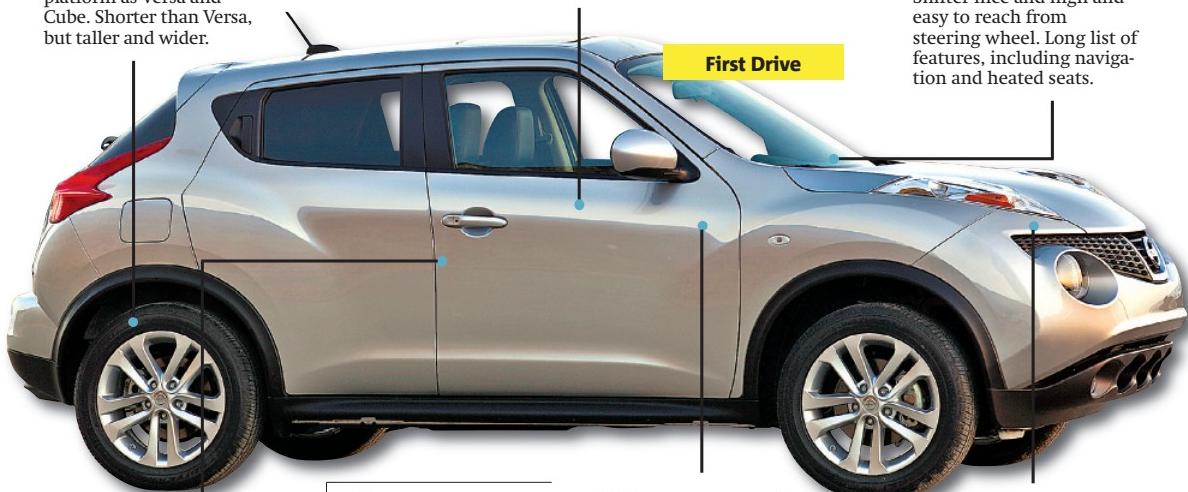
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Thinking outside the box with Juke

● Nissan's brand new crossover targets Gen X couples and urbanites ● Automaker is boldly going where no front-end styling has gone before, reviewer Mike Goetz says

Big-wheel stance

EXTERIOR. Standard 17-inch alloy wheels, with aggressive Goodyear Eagle RS V-rated rubber. Wheels pushed to extreme corners of vehicle for agility and aggressive stance. Same B platform as Versa and Cube. Shorter than Versa, but taller and wider.



Is that a coupe?

SPACE. A four-door that looks like a two-door. Rear door handle at top of door. Roofline eats up headroom, but back seat still quite useful.

Breaking news: It's a turbo

ENGINE. Cheapest car you can buy to offer over 100 horses per litre of engine displacement. New 1.6-litre direct injection turbo I4, good for 180-hp and 170 "torques." Two transmissions: 6-speed

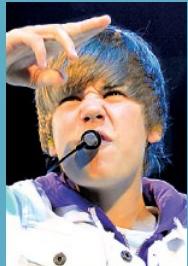
manual (FWD models only); CVT "automatic" with a "manual" shift mode. Driver can dial in three throttle/transmission/steering settings. I drove it almost exclusively in Sport Mode, the fun mode. With a high power-to-weight ratio and lots of traction, the Juke is one quick and entertaining little crossover.

Motorcycle inspirations

INTERIOR. Centre console mimics the profile and metallic shine of a motorcycle; very cool, but cup holders only take one-size cups, and not much storage space. Shifter nice and high and easy to reach from steering wheel. Long list of features, including navigation and heated seats.



In brief



Canadian teen sensation Justin Bieber has the makings of a fleet that most of us could never hope to own. P.Diddy is reported to have given him his Lamborghini Gallardo Spyder for his birthday, while Usher offered him a Range Rover.

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GM shuts out the air, cuts down fuel use

► Shutter system can better control aerodynamic forces even in harsh weather conditions ► Tech available on new Cruze, other models to follow



► GM's new air shutter will debut on the Chevrolet Cruze Eco, a special fuel efficient trim level.

DRIVING FORCE

JIL MCINTOSH
DRIVE@METRONEWS.CA

If you've ever put your hand out the window of a moving car, you've experienced aerodynamics. Put your hand flat and the air slips by, but if you hold it up, the wind pushes it. Much of the fuel your vehicle burns is just for over-

coming this resistance; GM is helping to reduce this with an innovative new air shutter on the new Chevrolet Cruze sedan.

Made of high-strength plastic and tucked behind the grille for protection from road debris, the shutters open and close similarly to a Venetian blind, says Greg Fadler, aerodynamics engineering group manager for GM North America.

"There is a five per cent improvement in aerody-

namic drag," Fadler says. "That's huge, because the horsepower required to overcome aerodynamic drag goes up with the cube of vehicle speed. It takes 50 per cent more horsepower to go (128 km/h) versus (112 km/hr). Above (72 km/h), aerodynamic drag is the largest drag on the vehicle. What we're doing is reducing the number-one draw on fuel consumption."

The system will debut on the Cruze Eco, a special

fuel-efficient trim level, but will eventually be rolled out across numerous GM products.

The system uses a number of sensors that determine factors such as vehicle speed, and the temperature of the engine and outside air. Since they block off the radiator, used to cool the engine, they stay open when maximum airflow is required to reduce engine temperature, and close at higher speeds to reduce wind drag.

their service experiences. He told me that those that did well in the satisfaction rankings, were obviously the ones that consistently "hit the mark" when it came to completing work on time.

"People really value their time these days. Service providers need to acknowledge and meet those expectations."

But equally important, says Robinson, are the discussions that providers have with their customers. "Often customers don't know what's exactly going on with their vehicle. They have to put their trust in someone."

The way they get that trust, is through good dialogue, says Robinson, about the work that was just completed on the vehicle, about what it might need in the future, and being realistic and truthful about how long the vehicle needs to be in the shop.

"When customers feel they are being educated, and are given the straight goods about what the vehicle needs, the higher the trust."

Auto Pilot

MIKE GOETZ
DRIVE@METRONEWS.CA



WANT SERVICE SATISFACTION? LET'S TALK

A study released this week suggests we may be in the midst of a paradigm shift — we seem to be spending less and less on vehicle maintenance

Another finding: Certain "intangibles" of auto service and repair keep cropping up, as the ones that really matter to us. I might be wrong, but they also seem to be the same ones that have been around since the dawn of time.

Consider this conversation, overheard in the establishment called Bob's Wheel Service, circa 2,000 B.C.

"I come to get my wheel. You fix?"

"No, maybe tomorrow, bring back tomorrow."

"Tomorrow no good."

"You wouldn't understand, wheel fixing business very complicated."

"Me understand me want to complicate your brain structure with this rock."

Ryan Robinson is director of the Canadian Automotive Practice at J.D. Power and Associates, the firm that asked more than 14,500 owners about

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*Based on 2010 New European Driving Cycle data. Transport Canada fuel consumption figures are not available and may vary.

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Teens driving distracted

► Adjusting stereo, talking on cell among top distractions, survey shows

Teen drivers often understand that shooting a quick text message, playing with their radio, or eating while driving is dangerous.

However, the overwhelming majority of teen drivers engage in distracted driving behaviours anyway, according to a recent survey by The U.S. AAA and Seventeen magazine.

Almost nine in 10 teenage drivers (86 per cent) have driven while distracted, even though 84 per cent of teen drivers know it's dangerous. Featured in the September issue of Seventeen magazine, the results are based on a survey conducted in May of nearly 2,000 male and female teen drivers ages 16 - 19.



► Eighty-four per cent teens drove while distracted despite knowing that it's dangerous, a survey has found.

Seventeen magazine and AAA set out to discover what risky behaviours teen drivers were engaging in while behind the wheel and how they justify this dangerous behaviour.

Of those surveyed, 73 per cent have adjusted their radio/CD/MP3 player, 61 per cent have eaten food, and 60 per cent have talked on a cellphone while driving.

The reasons teen drivers think it's fine to engage in these distractions are varied: 41 per cent think their action will only take a split second; 35 per cent don't think they'll get hurt; 34

per cent said they're used to multitasking; and 32 per cent don't think that anything bad will happen to them.

Even as passengers, teen drivers worry about dis-

tracted driving, with nearly four out of 10 (38 per cent) saying they have been afraid they were going to get hurt because they were the passenger of a distracted driver.

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Laramie 4x2 shown.^{\$}

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2010 Ram 1500 Crew Cab Laramie shown.^{\$}

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RamTruck.ca/Offers

WRX STI for sport-head

► Impreza variation one of the most sought-after sports cars ► Best to avoid one with modified turbocharger

SECOND GEAR

JUSTIN PRITCHARD
DRIVE@METRONEWS.CA

Thanks to a long history in motorsports, a community of passionate and loyal owners, and tremendous popularity on YouTube videos, the Subaru Impreza WRX STI is quickly becoming one of the used car market's most sought-after sports sedans.

The last-generation STI

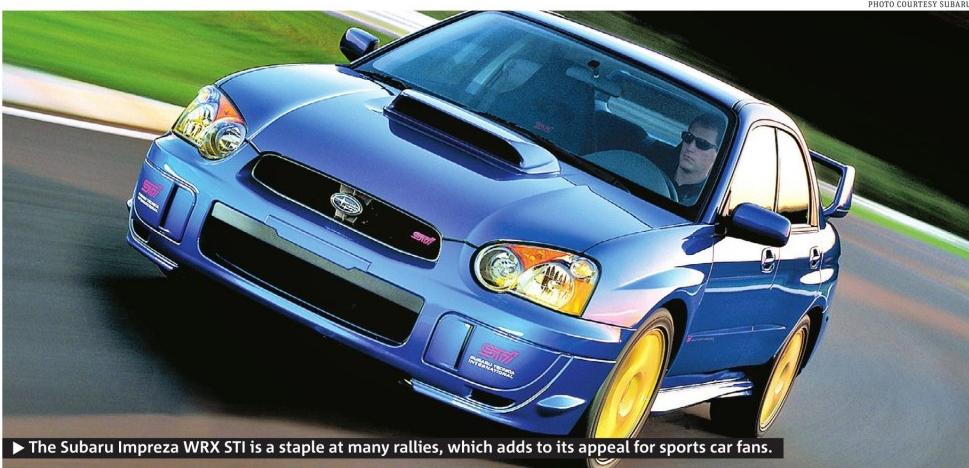
came just one way: as a sedan with a turbocharged 2.5 litre boxer four-cylinder engine and six-speed manual transmission.

A Driver Controlled Centre Differential (DCCD) allowed for fine-tuning of power delivery through the STI's All Wheel Drive (AWD) system, and horsepower was rated somewhere between 293 and 300, depending on the year in question.

What Owners Like

Performance superiority, styling and reputation are all cited as key reasons why Impreza WRX STI owners chose their rides.

With a four-door body and decently-sized trunk, it's a performance car with the sensibility of a compact sedan — and the standard AWD system



► The Subaru Impreza WRX STI is a staple at many rallies, which adds to its appeal for sports car fans.

means year-round enjoyment is part of the package, too.

What Owners Hate

Standard sports car complaints apply for the model, including fuel mileage, a rough ride and high insurance and maintenance costs.

Common issues

Subaru has a reputation for building some solid and reliable cars, and the STI should prove no exception. Thing is, the STI isn't invincible or idiot-proof.

Careful shopping and patience are key in finding a

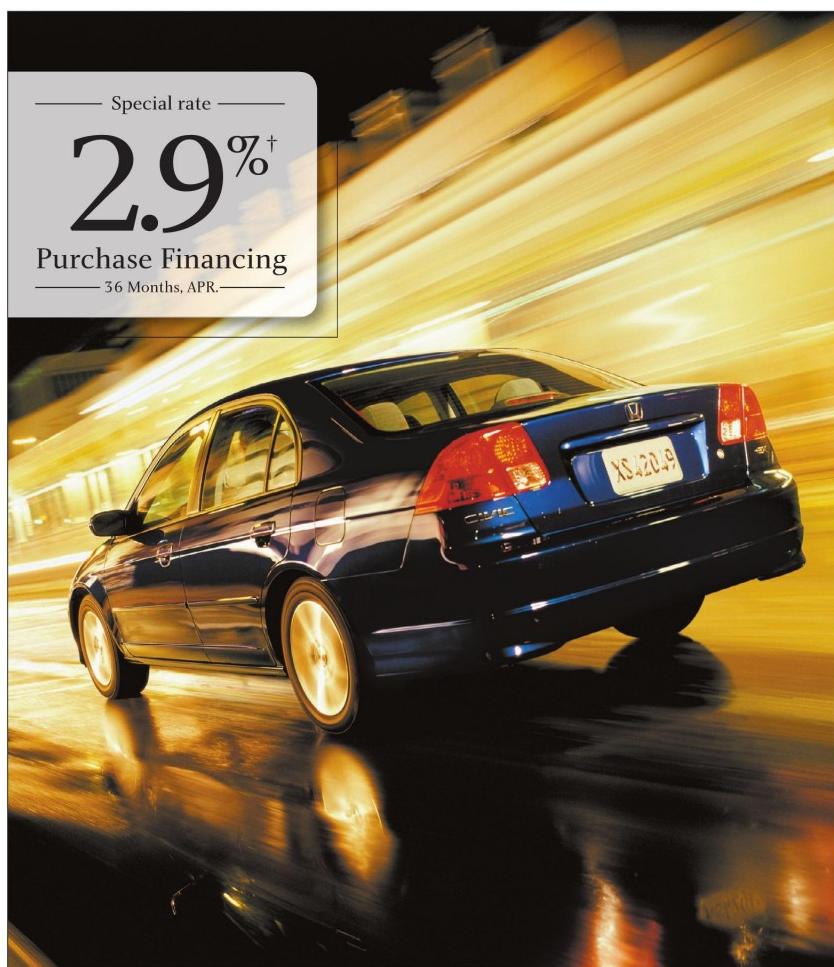
used STI model that wasn't given as a birthday present to someone's aspiring teenaged drifter.

Bear in mind that clunking or grinding noises from the suspension or steering typically indicate a prob-

lem. Be sure there are no check-engine lights, no grinding sensations during gear shifting, and that there's no smoke coming from the tailpipe during hot or cold idle — or during hard acceleration.

The specs

- MODEL 2004 to 2007
- Subaru Impreza WRX STI
- VEHICLE TYPE Sedan
- APPROXIMATE USED PRICE RANGE \$16,000 to \$30,000



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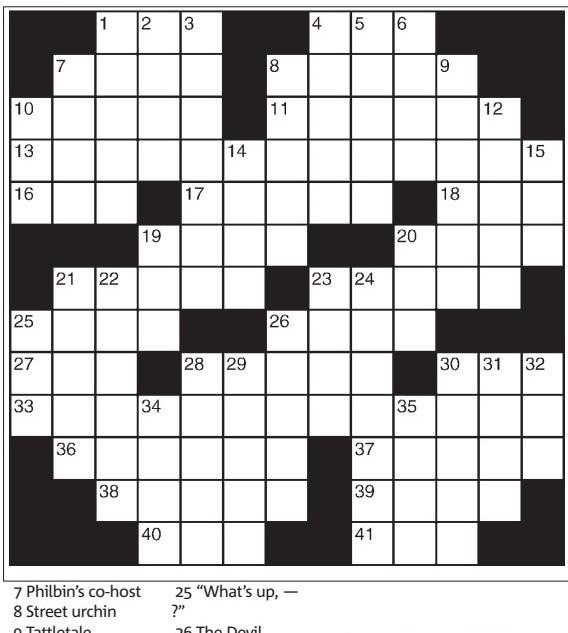
Crossword

Across

1 Servicewoman
4 Mailing ctr.
7 "Green Mansions" character
8 First, second, third and reverse
10 "Carmen" composer
11 Be there
13 Enrollment for all
16 Pale
17 The non-professionals
18 Placekicker's pride
19 Depressed
20 Farm fraction
21 Two fingers raised, e.g.
23 Closet intruders
25 Eat in style
26 Lincoln's bill
27 Tic-tac-toe win
28 "War and —"
30 Greek cross
33 Immediate contact
36 Farewells
37 Skin
38 Walk proudly
39 Coffee vessels
40 Snake's noise
41 Type measures

Down

1 Shriivel
2 "So be it"
3 Mail-order book
4 "Understand?"
5 Sucker
6 Raw materials



7 Philbin's co-host
8 Street urchin
9 Tattletale
10 Arrow launcher
12 Morrison's band, with "the"
14 Sunrise
15 Born
19 Gaming cube
20 Noshed
21 String instrument
22 Hairnets
23 Iain-glass
24 Late, as a payment

25 "What's up, —?"

26 The Devil bought his soul

28 Jurors, theoretically

29 Horse play?

30 Shore birds

31 Weaponry

32 "My home, sweet home"

34 Perches

35 Expression



► Yesterday's answer

Today's horoscope



For today's crossword answers and for expanded horoscopes, go to metronews.ca

Aries March 21-April 20 Try not to fall out with work colleagues today because it will be difficult to patch things up and be friends again later. Everyone is still a bit touchy from yesterday's full moon.

Taurus April 21-May 21 At some stage today you will have to decide not only whether you want to follow a particular path but also if you are moving in the right direction generally.

Gemini May 22-June 21 Yesterday's full moon made disputes look bigger and more important than they really were and today's Sun-Jupiter link will aggravate the situation. Don't get angry or uptight.

Cancer June 22-July 22 What happens today will disrupt your immediate plans, and you may start to wonder if you should give up on a project. No you should not! It's a temporary blip, nothing more.

Leo July 23-Aug. 23 If you try to hold on to the past any longer the parting will be more painful than it needs to be. You know it's time to move on. You know a new path awaits you.

Virgo Aug. 24- Sept. 22 So much is going on in your world at the moment that you are beginning to worry that you might not be able to hold it all together. Don't panic. The planets promise that if you stay calm you'll come through unscathed.

Libra Sept. 23-Oct. 23 If you don't meet others halfway today chances are they will take their business elsewhere. Are you prepared to let that happen?

Scorpio Oct. 24-Nov. 22 There are two possible options open to you now but you can't make up your mind which to take. Put off making a decision until tomorrow when Pluto, your ruler, will show you the way.

Sagittarius Nov. 23-Dec. 21 You are spending too much time and energy on something that is of no real importance, and not nearly enough on something that is. Stop worrying about the future.

Sudoku

	1	9		2	3			
4		1		7		9		
7						2		
	6	7	9	5	4			
	5	3	6	4	2			
4						1		
	5	8	6		7			
	9	4	1	8				

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ►

4	1	3	8	7	2	9	5	6
9	5	7	4	1	6	8	2	3
6	8	2	9	5	3	1	4	7
8	7	4	6	2	5	3	9	1
5	9	6	3	8	1	2	7	4
2	3	1	7	4	9	5	6	8
3	2	5	1	6	4	7	8	9
7	4	9	2	3	8	6	1	5
1	6	8	5	9	7	4	3	2

Send a KISS

Show some love! Send a note to somebody special at kiss@metronews.ca

To my dear love, happy anniversary Adam S., Thanks for making this year the best one ever <3 Love always MILA H.

Everdearest Ma, God smiled on this day and gave us you. Happy Birthday. We love you so much. Blessings and prayers. PA, THE 2 JOS AND KOTA

Hello Melissa. You are so special. I like how you get lost all the time hahaha. Jk i am sad. Rip Martin xoxo. LOVE FROM ME.

Andy Lian, I love you so much! I'll never want anyone else but you! You are the one for me. Thank-you for taking care of me! I love you. WENDY LIAN

A look at the weather

TODAY
Min 7°
Max 27°



THURSDAY

Min 9°

Max 28°

FRIDAY

Min 9°

Max 15°

Michele McDougall **Weather Specialist**

"My favourite part is reporting the weather. It fascinates me, and as we know around here, it's always changing, keeping forecasters on their toes." WEEKDAYS 6AM



Caption contest



MARTIN MEISSNER/THE ASSOCIATED PRESS



You write it!

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Write a funny caption for the image to the right and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.



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